

COMPTOIR
GOURMAND

JULIAN'S

CREATE YOUR OWN LUNCH BOX

Add **5\$** to the price of any :
salad, tartine, sandwich
To get extra:
1 small salad of the day or 1 soup of the day
+
1 dessert of the day

At Julian's, we love our planet,
Therefore we took an eco-friendly turn in all our
choices of containers for the Take-outs.

GAZPACHO (COLD SOUP)..... 4.99

SALADS.....

JULIAN'S BOWL WITH SALMON GRAVLAX 14.99

Lettuce mix, barley, coleslaw, roasted pepper, carrot,
marinated kohlrabi, fried shallots, creamy jalapeño
dressing

LA GOAT CHEESE 14.99

Warm goat cheese fritters, lettuce mix, beets, tomato, dried
cranberries, roasted almonds, marinated onions, barley,
fresh mint, honey/balsamic dressing

LA UNICORNE WITH TUNA TATAKI 14.99

Pink cold pasta, marinated cauliflower, corn, cheddar,
squash and sunflower seeds, kale, marinated red onion,
arugula, creamy jalapeño dressing

LA POKE-MOI WITH TUNA TATAKI 15.99

Edamame, cucumber, carrot, ginger, avocado, lettuce,
coriander, squash and sunflower seeds, tempura on a
base of coconut milk quinoa, spicy wasabi and sesame
asian dressing

LA DOUCE WITH CHICKEN 13.99

Lettuce mix, cubes of roasted sweet potato, caramelized
onions, marinated red onion, cheddar, crispy orange
zests, crispy sweet potato chips, tahini dressing

L'ASIATIQUE WITH CHICKEN 14.99

Fried veggie imperial rolls, lettuce mix, noodles, kale,
kohlrabi, cabbage, carrot, fried shallots, mint, thai basil,
coriander, yuzu/sesame dressing

LA VEGGIE-BOWL WITH TEMPEH 14.99

Kale, corn, roasted sweet potato, marinated beet with
fresh herbs, chick peas with red peppers, marinated
cauliflower, carrot, dried figs, sunflower and pumpkin
seeds, sweet mustard dressing

LA #CEASARNOTCEASAR WITH CHICKEN 14.99

Kale, romaine lettuce, bacon, parmesan cheese
shavings, fresh mint, croutons, fried capers, roasted garlic
and lemon ceasar dressing

POUTINE.....

LA CHAMPI-CHURRI 12.99

crispy potato, veggie mushroom gravy, cheese curds,
crispy butternut squash fritters, chimichurri mayo,
marinated onions, parsley

TARTINES.....

OPTION TO ADD AN EXTRA HALF PORTION SALAD AS
A SIDE DISH

LA GRAVLAX 12.99

Salmon gravlax slices, sour cream with dill, marinated
fennel, cucumber and red onions

LA CHAMPIGNONNE 11.99

Mushroom duxelle, marinated shiitake, parmesan cheese,
arugula, poached egg, salt flakes

L'AVOCAT 11.99

Chunky avocado spread, tomato salad, ricotta cheese
with basil, squash and sunflower seeds, olive oil, salt flakes

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SANDWICHES.....

OPTION TO ADD AN EXTRA HALF PORTION SALAD AS A SIDE DISH

LE GRILLED CHEESE 10.99

Melted swiss and cheddar cheese, old-style mustard pulled braised beef, onions chutney, between 2 slices of white bread

LA BÊTE 9.99

Crispy panko style fried chicken, honey, Julian's coleslaw, sriracha spicy mayonnaise in a brioche roll

THON LUNCH! 8.99

Tuna salad with celery, mayo, confit tomato, remoulade celery salad with capers in a 12 grains bread

VÉGÉ BURGER 9.99

Roasted butternut squash fritter, vegetables pesto, Julian's coleslaw, honey, sriracha spicy mayonnaise in a brioche roll

CHICKEN WRAP 8.99

Slices of roasted chicken breast, mayo, chimichurri, marinated kohlrabi and onions, roasted zucchini, arugula

LE FRENCHIE 7.99

Ham, swiss cheese, dijonnaise sauce, tomato slices, arugula in a ciabatta

LE GRILLED VEGGIES 7.99

Grilled zucchini and peppers, veggie pesto, parmesan, caramelized onions, arugula, in a ciabatta

*** POTATO FRITTERS + SOUR CREAM *** 3.99

Desserts & viennoiseries of the day

ASK AT THE COUNTER

SMOOTHIES.....

SMOOTHIE VERT 6

Kale, spinach, ginger, green apple, cucumber, apple juice, cayenne pepper, green tea

SMOOTHIE AUX FRUITS 6

Seasonal fruits

SMOOTHIE SUPERSEED 6

Chia seeds, coconut milk, red berries, green apple, banana

SMOOTHIE BUZZ BANANA 7

Espresso shot, dates, almond milk, coconut milk, banana

SWEET SNACKS.....

SQUASH AND BROWN BUTTER CAKE 3.50

MOIST BROWNIE 2.50

CHOCOLATE CHIP COOKIE 3

BACON AND CHEDDAR SCONE 3.50

COFFEE \ TEA.....

ESPRESSO | AMERICANO 2.75

ESPRESSO DOUBLE 3.50

LATTE | FLAT WHITE S\L 3.50 \ 4.25

CAPUCCINO S\L 3.50 \ 4.25

MACCHIATO | CORTADO 3

HOT CHOCOLATE 4

CHAI LATTE S\L 3.50 \ 4.25

TEA | HERBAL (CAMELLIA SINENSIS) 2.75

Please warn us of any allergy or dietary restriction before ordering, thanks!

				M	CLOSED
Tue	W	Thu	F		9 AM - 5 PM
		Sa	Su		9.30 AM - 4 PM

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