

COMPTOIR
GOURMAND

JULIAN'S

CREATE YOUR OWN LUNCH BOX

Add **5\$** to the price of any :
salad, tartine, sandwich

To get extra:
1 small salad of the day or 1 soup of the day
1 dessert of the day

At Julian's, we love our planet,
Therefore we took an eco-friendly turn in all our
choices of containers for the Take-outs.

SOUP OF THE DAY..... 4.99

SALADS.....

JULIAN'S BOWL WITH SALMON GRAVLAX 15.99

Lettuce mix, barley, coleslaw, roasted pepper, carrot,
marinated kohlrabi, fried shallots, creamy jalapeño
dressing

LA GOAT CHEESE 16.49

Warm goat cheese fritters, lettuce mix, beets, tomato, dried
cranberries, roasted almonds, marinated onions, barley,
fresh mint, balsamic dressing

UNICORN WITH TUNA TATAKI 15.99

Pink cold pasta, marinated cauliflower, corn, cheddar,
squash and sunflower seeds, kale, marinated red onion,
arugula, creamy jalapeño dressing

LA POKE-MOI WITH TUNA TATAKI 16.99

Edamame, cucumber, carrot, ginger, avocado, lettuce,
coriander, squash and sunflower seeds, tempura on a
base of coconut milk quinoa, spicy sesame asian dressing

LA DOUCE WITH CHICKEN 14.49

Lettuce mix, cubes of roasted sweet potato, caramelized
onions, marinated red onion, cheddar, crispy sweet
potato chips, tahini dressing

ASIAN WITH CHICKEN 15.99

Fried veggie imperial rolls, lettuce mix, noodles, kale,
kohlrabi, cabbage, carrot, fried shallots, mint, thai basil,
coriander, yuzu/sesame dressing

VEGGIE-BOWL WITH TEMPEH 15.99

Kale, corn, roasted sweet potato, marinated beet with
fresh herbs, chick peas with red peppers, marinated cau-
liflower, carrot, dried figs, sunflower and pumpkin seeds,
sweet mustard dressing

#CEASARNOTCEASAR WITH CHICKEN 15.99

Kale, romaine lettuce, bacon, parmesan cheese
shavings, fresh mint, croutons, fried capers, roasted garlic
and lemon ceasar dressing

POUTINE.....

LA CHAMPI-CHURRI 13.99

crispy potato, veggie mushroom gravy, cheese curds,
crispy butternut squash fritters, chimichurri mayo,
marinated onions, parsley

MAC N' CHEESE.....

MAC N' CHORIZO 12.49

shell pasta, 3 cheeses and squash sauce,
herbs breadcrumbs, shredded crispy chorizo

TARTINES.....

OPTION TO ADD AN EXTRA HALF PORTION SALAD AS
A SIDE DISH

LA GRAVLAX 12.99

Salmon gravlax slices, sour cream with dill, marinated
fennel, cucumber and red onions

LA CHAMPIGNONNE 11.99

Mushroom duxelle, marinated shiitake, parmesan cheese,
arugula, poached egg, salt flakes

L'AVOCAT 12.99

Puréeed avocado spread, tomato salad, ricotta cheese
with basil, squash and sunflower seeds, olive oil, salt flakes

COMPTOIR
GOURMAND
JULIAN'S

SANDWICHES.....

OPTION TO ADD AN EXTRA HALF PORTION SALAD AS A SIDE DISH

LE GRILLED CHEESE 10.99

Melted swiss and cheddar cheese, old-style mustard pulled braised beef, onions chutney, ciabatta bread

LA BÊTE 10.49

Crispy panko style fried chicken, honey, Julian's coleslaw, sriracha spicy mayonnaise in a brioche roll

THON LUNCH! 9.49

Tuna salad with celery, mayo, confit tomato, remoulade celery salad with capers in a 12 grains bread

VÉGÉ BURGER 10.49

Roasted butternut squash fritter, vegetables pesto, Julian's coleslaw, honey, sriracha spicy mayonnaise in a brioche roll

CHICKEN CAESAR WRAP 9.99

Herbs roasted chicken, capers caesar sauce, parmesan, bacon, nappa cabbage lemon slaw

LE FRENCHIE 8.49

Ham, swiss cheese, dijonnaise sauce, tomato slices, arugula in a ciabatta

THE VEGAN 8.99

Veggie pesto, homemade marinated eggplant and zucchini, arugula coulis, ciabatta.
(option to add goatcheese for \$2)

CROQUE-COD 9.99

Crispy cod fritters, tartare sauce with fennel and pickles, nappa cabbage lemon slaw, ciabatta

CUBANO 10.99

Spiced pork roast slices, mustard and tomato chutney sauce, old cheddar, pickles, ciabatta

*** POTATO FRITTERS + SOUR CREAM *** 5

SMOOTHIES.....

SMOOTHIE VERT 6.50

Kale, spinach, ginger, green apple, cucumber, apple juice, cayenne pepper, green tea

SMOOTHIE AUX FRUITS 6.50

Seasonal fruits

SMOOTHIE SUPERSEED 6.50

Chia seeds, coconut milk, red berries, green apple, banana

SMOOTHIE BUZZ BANANA 7.50

Espresso shot, dates, almond milk, coconut milk, banana

SWEET SNACKS.....

SQUASH AND BROWN BUTTER CAKE 3.50

MOIST BROWNIE 3

CHOCOLATE CHIP COOKIE 3.50

BACON AND CHEDDAR SCONE 3.50

COFFEE \ TEA.....

ESPRESSO | AMERICANO 2.75

ESPRESSO DOUBLE 3.75

LATTE | FLAT WHITE S\L 3.75 \ 4.5

CAPUCCINO S\L 3.75 \ 4.5

MACCHIATO | CORTADO 3.25

HOT CHOCOLATE 4

CHAI LATTE S\L 3.50 \ 4.25

TEA | HERBAL (CAMELLIA SINENSIS) 2.75

Please warn us of any allergy or dietary restriction before ordering, thanks!

			M	CLOSED
Tue	W	Thu	F	10 AM - 4 PM
		Sa	Su	9.30 AM - 4 PM

MTL
514.379.4622
111, av. du Mont-Royal O.
Montréal, Québec H2T 2S9
julianscomptoir.com

SUIVEZ-NOUS
FOLLOW US
f @ / @julianscomptoir