

COMPTOIR
GOURMAND
JULIAN'S

CREATE YOUR OWN LUNCH BOX
 Add **6\$** to the price of any :
salad, tartine, sandwich
 To get extra:
1 small salad of the day or 1 soup of the day
1 dessert of the day

At Julian's, we love our planet,
 Therefore we took an eco-friendly turn in all our
 choices of containers for the Take-outs.

SOUP OF THE DAY..... 4.99

SALADS.....

LA GRINGO WITH CHICKEN 16.49
Chicken, lettuce mix, tomato, cucumber, sweet potato, corn, black beans, peppers, pickled red onions, cilantro, mint, sour cream, lime and jalapeño dressing

LA GOAT CHEESE 16.49
Warm goat cheese fritters, lettuce mix, beets, tomato, dried cranberries, roasted almonds, marinated onions, barley, fresh mint, balsamic dressing

UNICORN WITH TUNA TATAKI 16.99
Tuna tataki, pink cold pasta, marinated cauliflower, corn, cheddar, squash and sunflower seeds, kale, pickled red onion, arugula, creamy jalapeño dressing

LA POKE-MOI WITH TUNA TATAKI 16.99
Tuna tataki, edamame, cucumber, carrot, ginger, avocado, lettuce, coriander, squash and sunflower seeds, tempura, quinoa, spicy sesame asian dressing

LA DOUCE WITH CHICKEN 15.49
Chicken, lettuce mix, cubes of roasted sweet potato, caramelized onions, pickled red onion, cheddar, crispy sweet potato chips, tahini dressing

ASIAN WITH CHICKEN 16.99
Chicken, fried veggie imperial rolls, lettuce mix, soba noodles, kale, cucumber, cabbage, carrot, fried shallots, mint, coriander, thai basil/sesame dressing

VEGGIE-BOWL WITH TOFU 15.99
Tofu, kale, corn, roasted sweet potato, beet, chick peas, marinated cauliflower, carrot, dried figs, sunflower and pumpkin seeds, sweet mustard and sherry dressing

#CEASARNOTCEASAR WITH CHICKEN 16.49
Chicken, kale, romaine lettuce, bacon, parmesan cheese, fresh mint, croutons, fried capers, roasted garlic and lemon ceasar dressing

BREAKFAST.....

BREAKFAST WRAP 11.49
Frittata (eggs) with sweet potato, spinach, confit red onions, foret noire ham, cheddar with a spicy dill sour cream sauce.

SALMON BAGEL 10.99
Sesame Bagel, salmon gravlax, capers cream cheese, cucumber, marinated red onions

MAC N'CHEESE.....

MAC N' CHORIZO 14.49
Shell pasta, 3 cheeses and squash sauce, herbs breadcrumbs, shredded crispy chorizo

TARTINES.....

OPTION TO ADD AN EXTRA HALF PORTION SALAD AS A SIDE DISH

L'AVOCAT 13.99
Puréeed avocado spread, tomato salad, ricotta cheese with basil, pickled red onions, squash and sunflower seeds, olive oil, salt flakes (extra salmon gravlax for \$5)

SANDWICHES.....
OPTION TO ADD AN EXTRA HALF PORTION SALAD AS
A SIDE DISH

GRILLED CHEESE 10.99

Melted swiss and cheddar cheese, old-style mustard
pulled braised beef, onions chutney, ciabatta bread

LA BÊTE 10.99

Crispy panko style fried chicken, honey, Julian's coleslaw,
sriracha spicy mayonnaise in a brioche roll

THON LUNCH! 9.49

Tuna salad with celery, mayo, confit tomato, remoulade
celery salad with capers in a ciabatta bread

VÉGÉ BURGER 10.99

Roasted butternut squash fritter, veggie spicy pesto,
Julian's coleslaw, honey, sriracha spicy mayonnaise
in a brioche roll

THE SALM-YUM 10.99

salmon gravlax, mango glaze, sriracha, asian cucumber
and carrot salad with sesame, jalapeño mayo, tempura,
mint, cilantro in a ciabatta bread

CHICKEN CAESAR WRAP 9.99

Herbs roasted chicken, capers caesar sauce, parmesan,
bacon, nappa cabbage lemon slaw

LE FRENCHIE 8.99

Ham, swiss cheese, dijonnaise sauce, tomato slices,
arugula in a ciabatta bread

THE VEGAN 8.99

Veggie spicy pesto, homemade marinated eggplant and
zucchini, arugula coulis, in a ciabatta bread.
(option to add goatcheese for \$2)

CROQUE-COD 10.49

Crispy cod fritters, tartare sauce with fennel and pickles,
nappa cabbage lemon slaw, ciabatta bread

***** POTATO FRITTERS + SOUR CREAM *** 5**

SMOOTHIES.....

SMOOTHIE VERT 7

Kale, spinach, ginger, green apple, cucumber, apple
juice, cayenne pepper

SMOOTHIE AUX FRUITS 7

Seasonal fruits

SMOOTHIE SUPERSEED 7

Chia seeds, coconut milk, red berries, green apple, banana

SMOOTHIE BUZZ BANANA 7.50

Espresso shot, dattes, almond milk, coconut milk, banana

SWEET SNACKS.....

SQUASH AND BROWN BUTTER CAKE 3.50

MOIST BROWNIE 3.50

CHOCOLATE CHIP COOKIE 3.50

BACON AND CHEDDAR SCONE 3.50

COFFEE \ TEA.....

ESPRESSO | AMERICANO 3

ESPRESSO DOUBLE 4

LATTE | FLAT WHITE S\L 4 \ 4.75

CAPUCCINO S\L 4 \ 4.75

MACCHIATO | CORTADO 3.25

HOT CHOCOLATE 4

CHAI LATTE S\L 3.75 \ 4.5

TEA | HERBAL (CAMELLIA SINENSIS) 3

Please warn us of any allergy or dietary restriction before ordering, thanks!

			M	CLOSED
Tue	W	Thu	F	10 AM - 4 PM
	Sa	Su		9.30 AM - 4 PM

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